University of Calgary, Calgary  
Department of Obstetrics & Gynecology  
Program Director: Dr. Sarah Glaze  
Room 428, North Tower  
Foothills Hospital  
1403 - 29 Street NW  
Calgary AB, T2N 2T9

What are you looking for specifically in an impressive candidate?

- A genuine commitment to Obstetrics & Gynecology.
- An advocate for women’s health.

What can a potential candidate do now in order to be an appealing applicant to your program?

Electives in O&G, its sub-specialties and complementary fields. We like diversity!
Great references with specific examples of team work and strong work ethic.
Demonstrating academic interest in O&G through research, work experience and presentations

How is your residency program organized? (i.e. year by year breakdown and schedule of rotations)

| PGY-1 | Rockyview Program  
Labour & Delivery  
General Surgery  
O&G Electives  
Obstetrical Ultrasound  
Gynecology  
Internal Medicine  
Emergency |
|-------|-------------------------------------|
| PGY-2 | Tertiary level Labour & Delivery, Gynecology  
Community Labour & Delivery, Gynecology  
General Gynecology (ORS, wards, consults)  
Junior Gyne Oncology or Community Gynecology  
Maternal Fetal Medicine  
Level 3 NICU (consultative experience) |
| PGY-3 | Reproductive Endocrinology & Infertility  
Junior Gynecology (Ambulatory and OR)  
Community Gynecology  
ICU  
Electives |
PGY-4  Gyne Oncology  
Senior Gynecology (OR)  
Urogynecology  
Minimally Invasive Surgery  
Electives  
Remaining blocks mixed with year 5 (Chief, Electives)  

PGY-5  Chief (Chief Clinic, ORs, teaching; mixed with year 4)  
Electives  
Time as Junior Consultant  
Off call schedule prior to exam (1 block protected study time, 2 blocks off call schedule)  

What is your residency program's orientation and focus?  
Large volume (over 19,500 deliveries in 2015) with an abundance of routine and high risk obstetrical care.  
A history of producing strong generalized OB/GYN specialists and potential fellowship candidates.  
Excellent exposure to minimally invasive gynecology and vaginal surgery.  
Outstanding academic half days (protected time) that are taught by faculty members.  

What is the availability of experiences in subspecialty areas during training?  
Sub-specialties including MFM, REI, Urogynecology, Gyne-Oncology, Pediatric Gynecology and Minimally Invasive Surgery.  

What is the typical day in the life of a resident?  
Busy and very hands-on with a good balance between ORs, clinics, and L&D.  
Working with excellent staff that are willing to teach.  

What is the resident satisfaction?  
Very high! The excellent rapport between residents and attendings make the program as great as it is and will ensure its success as we transition into CBD.  
There is time for a social life, to explore the Rockies or maintain your other interests outside of residency  

Are there sufficient elective opportunities during training to explore your special interests?  
Yes! Whether your interests are in research, MIS, global health or specific areas like vulvar diseases or chronic pain, the program has ample elective time (including up to 3 months off the call schedule) to allow you to explore your special interests.
**What is the on-call schedule like during each year of residency?**

Graduated call schedule where the R2s are ~1:4 and call requirements decrease with each successive year.

“Nap model” where the Labour and Delivery person is excused from clinical duties from noon to 5pm in R2.

Our weekend call shifts are 12 hours, except in the Rockyview R1 program. R5’s also carry the chief pager so they can be called in for challenging or rare cases throughout the city.

**What distinguishes the U of C program from other programs?**

Plethora of hands-on training in general and high-risk obstetrics and gynecology across 4 busy and large hospital sites.

Early OR experience, starting with Caesarean sections as in R1.

Top notch Maternal Fetal Medicine, REI, Urogynecology, Gyne-Oncology, Pediatric Gynecology and MIS training.

Annual wet and dry simulation labs to hone our operating skills in a safe/supportive environment.

Monthly simulations to practice rare obstetrical events and gynecology.

Yearly formal practice OSCEs.

Faculty-taught academic half days, Tuesday morning rounds led by residents, and weekly Friday Grand Rounds.

**What distinguishes your city from others?**

Close proximity to the Rocky Mountains where you can ski, snowboard, hike, bike and climb to your heart’s desire!

Friendly and multicultural with a multitude of parks, pathways, festivals and restaurants.

Growing city with >1,200,000 people, and high volume of deliveries and interesting cases.

Chinooks in the winter!

**How competitive is it to get in, and then to succeed in your field?**

It is fairly competitive due to the improved lifestyle and diversity in practice in O&G.

In 2017, we had over 120 applicants, 60 interviews granted, with 6 filled positions in the first match.

We have had excellent success at the Royal College Examination.

**Is there active and/or required research in your residency program?**

At least two projects must be developed and presented in residency, usually at the annual department Research Day.

Funding is available to present your research at national and international conferences.

Surgical Foundations is now a mandatory requirement for all OB/GYN programs in Canada and is offered at U of C. Research principles are incorporated into course which is taught in PGY 1 going forwards.
What local, national or international conferences would be of benefit to candidates interested in your residency program?

SOGC (Society of Obstetricians and Gynecologist of Canada) for networking and clinical practice guidelines.
ACOG (American Congress of Obstetricians and Gynecologists).
FIGO (International Federation of Obstetricians and Gynecologists).
Any conference that pertains to issues of women’s health or a subspecialty of OBGYN.

Who can we contact for more information or to set up electives?

Karen McKeon, karen.mckeon@albertahealthservices.ca
NB: we are currently restructuring the core clerkship and electives (except some limited gynec onc electives) are currently unavailable.

Competency by Design (CBD) Lead: Dr. Sarah McQuillan, sarah.mcquillan@medportal.ca
Program Director: Dr. Sarah Glaze, Sarah.Glaze@albertahealthservices.ca

Visit our websites:
Research: http://www.obgyn.ucalgary.ca/
Postgraduate: https://cumming.ucalgary.ca/pgme/programs/residency-training-programs/obstetrics-gynecology

Specifically, is there a list of residents whom we can call or email?

Tinya Lin: Tinya.Lin@albertahealthservices.ca
Lauren Andrew: Lauren.Andrew@albertahealthservices.ca