

# University of Calgary, Calgary

## Program Director: Dr. Sarah Glaze

Dept of Obstetrics & Gynecology  
Room 428, North Tower  
Foothills Hospital  
1403 - 29 Street NW Calgary AB T2N 2T9  
[Sarah.Glaze@albertahealthservices.ca](mailto:Sarah.Glaze@albertahealthservices.ca)



## Competency by Design (CBD) Lead: Dr. Sarah McQuillan

[sarah.mcquillan@medportal.ca](mailto:sarah.mcquillan@medportal.ca)

### What are you looking for specifically in an impressive candidate?

- A genuine commitment to Obstetrics & Gynecology
- An advocate for women's health

### What can a potential candidate do now in order to be an appealing applicant to your program?

- Electives in O&G, its sub-specialties and complementary fields. We like diversity!
- Great references with specific examples of team work and strong work ethic
- Demonstrating academic interest in O&G through research, work experience and presentations

### How is your residency program organized? (i.e. year by year breakdown and schedule of rotations)

YEAR 1: (Rockyview Program)	-Labour & Delivery -O&G Electives -Gynecology -Emergency	-General Surgery -Obstetrical Ultrasound -Internal Medicine
YEAR 2:	-Tertiary level Labour & Delivery, Gynecology -Community Labour & Delivery, Gynecology -General Gynecology (OR's, ward and Consults) -Junior Gyne Oncology or Community Gynecology	-Maternal Fetal Medicine (MFM) -Level 3 NICU consultative experience
YEAR 3:	-Reproductive Endocrinology and Infertility (REI) -Junior Gynecology (Ambulatory and OR) -Community Gynecology -ICU	-Electives
YEAR 4:	-Gyne Oncology -Senior Gynecology (OR) -Urogynecology -Minimally Invasive Surgery	-Electives -Remaining blocks mixed with Year 5: Chief, Electives
YEAR 5:	-Chief (Chief clinic and ORs, teaching), mixed in with Year 4 -Electives -Time as Junior Consultant -Off call schedule prior to exam (1 Block protected study time, 2 Blocks off call schedule)	

### What is your residency program's orientation and focus?

- Large volume (over 19,500 deliveries in 2015) with an abundance of routine and high risk obstetrical care
- A history of producing strong generalized OBGyn specialists and potential fellowship candidates
- Excellent exposure to Minimally Invasive gynecology and Vaginal Surgery
- Outstanding academic half days (protected time) that are taught by faculty members

### What is the availability of experiences in subspecialty areas during training?

- Sub-specialties including MFM, REI, Urogynecology, Gyne-Oncology, Pediatric Gynecology and Minimally Invasive Surgery

### What is the typical day in the life of a resident?

- Busy and very hands-on with a good balance between ORs, clinics, and L&D
- Working with excellent staff that are willing to teach
- Yes! There is time for a social life, to explore the Rockies or maintain your other interests outside of residency

### What is the resident satisfaction?

- Very high! The excellent rapport between residents and attendings make the program as great as it is and will ensure its success as we transition into CBD.

**Are there sufficient elective opportunities during training to explore your special interests?**

- Yes! Whether your interests are in research, MIS, global health or specific areas like vulvar diseases or chronic pain, the program has ample elective time (including up to 3 months off the call schedule) to allow you to explore your special interests.

**What is the on-call schedule like during each year of residency?**

- Graduated call schedule where the R2s are ~1:4 and call requirements decrease with each successive year
- "Nap model" where the Labour and Delivery person is excused from clinical duties from noon to 5pm in R2
- Our weekend call shifts are 12 hours, except in the Rockyview R1 program
- R5's also carry the chief pager so they can be called in for challenging or rare cases throughout the city

**What distinguishes the U of C program from other programs?**

- Plethora of hands-on training in general and high-risk obstetrics and gynecology across 4 busy and large hospital sites
- Early OR experience, starting with Cesarean sections as in R1
- Top notch Maternal Fetal Medicine, REI, Urogynecology, Gyne-Oncology, Pediatric Gynecology and MIS training
- Annual wet and dry Simulation labs to hone our operating skills in a safe/supportive environment
- Monthly Simulations to practice rare obstetrical events and gynecology
- Yearly formal practice OSCEs
- Faculty-taught academic half days, Tuesday morning rounds led by residents, and weekly Friday Grand Rounds

**What distinguishes your city from others?**

- Close proximity to the Rocky Mountains where you can ski, snowboard, hike, bike and climb to your heart's desire!
- Friendly and multicultural with a multitude of parks, pathways, festivals and restaurants
- Growing city with >1,200,000 people, and high volume of deliveries and interesting cases
- Chinooks in the winter

**Who can we contact for more information or to set up electives?**

Karen McKeon: [karen.mckeon@albertahealthservices.ca](mailto:karen.mckeon@albertahealthservices.ca) --- note we are currently restructuring the core clerkship and electives (except some limited gyne onc electives) are currently unavailable.

**Specifically, is there a list of residents whom we can call or email?**

Tinya Lin [Tinya.Lin@albertahealthservices.ca](mailto:Tinya.Lin@albertahealthservices.ca)

Lauren Andrew [Lauren.Andrew@albertahealthservices.ca](mailto:Lauren.Andrew@albertahealthservices.ca)

**How competitive is it to get in, and then to succeed in your field?**

- It is fairly competitive due to the improved lifestyle and diversity in practice in O&G
- 2017 stats: over 120 applicants, 60 interviews granted, 6 filled positions in first match
- We have had excellent success at the Royal College Examination

**Is there active and/or required research in your residency program?**

- At least two projects must be developed and presented in residency, usually at the annual department Research Day
- Funding is available to present your research at national and international conferences
- Surgical Foundations is now a mandatory requirement for all OB/GYN programs in Canada and is offered at U of C. Research principles are incorporated into course which is taught in PGY 1 going forwards.

**What local, national or international conferences would be of benefit to candidates interested in your residency program?**

- SOGC (Society of Obstetricians and Gynecologists of Canada) - for networking and clinical practice guidelines
- ACOG (American Congress of Obstetricians and Gynecologists)
- FIGO (International Federation of Obstetricians and Gynecologists)
- Any conference that pertains to issues of women's health or a subspecialty of OBGYN

**Where can we look for more information?**

Contact us or Visit our websites:

- Research: <http://www.obgyn.ucalgary.ca/>
- Postgraduate: <https://cumming.ucalgary.ca/pgme/programs/residency-training-programs/obstetrics-gynecology>