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<http://obgyn.queensu.ca/>



**What are you looking for specifically in an impressive candidate?**  
Ability to fit into a close-knit and fun group of residents and staff.

**What can a potential candidate do now in order to be an appealing applicant to your program?**

Try and get an elective at Queen's (even in another specialty, just let us know when you are here) in order to meet the residents and the staff. Not absolutely necessary though (we know it's hard to do)!

**How is your residency program organized? (i.e. year by year breakdown and schedule of rotations)**

**PGY-1:**

- Transition to discipline (CBME-focused; 2 blocks). Working in general OB/GYN clinics you get to know staff and spend time learning the basics.
- Junior Obstetrics (4). For this rotation you will be paired with a Senior OB Resident. The expectation is that by the end of this rotation you will be able to do a C-section as primary surgeon.
- Anesthesia (1), Neonatology (1), Internal Medicine (2), Emergency Medicine (1), General Surgery (1). These 'off-service' rotations provide broad general experience in preparation for obtaining the qualification of Licentiate of the Medical Council of Canada (LMCC).

**PGY-2:**

- Junior Gynaecology (4). For this rotation you will be paired with the Chief Resident. Daily activities will include rounding on ward patients, ORs, and clinics, as well as consults in ER.
- Junior Gynaecologic Oncology (3). You will be paired with the Senior Gyne Onc Resident and will gain experience in managing medically complex and palliative patients.
- Community OB/GYN (2). Currently in Brockville, a smaller community 1 hour east of Kingston.
- Research (1)
- Other rotations (2) include Women's Clinic and ICU.

**PGY-3:**

- Maternal Fetal Medicine (4)
- Urogynaecology (4)
- Reproductive Endocrinology & Infertility (includes peds-gyne clinics) (4)

PGY-3 is a subspecialty year where you will gain exposure to general and subspecialty practice. This year will provide broad experience and help in career planning.

**PGY-4:**

- Senior Obstetrics (4). This rotation provides a consolidated OB experience at the senior level. You will also have a teaching and mentoring role.
- Electives (4). Important for career planning and fellowship applications.
- Senior Gynaecologic Oncology (4). In this rotation you will gain experience in surgery, chemotherapy, and radiotherapy in the management of gynaecologic oncology patients. You will participate in complicated inpatient care and act as a mentor for a junior resident.

**PGY-5:**

- Senior (Chief) Gynaecology (4). This rotation provides consolidated gynaecologic experience at the senior level. You will also have teaching, mentoring and administrative roles.
- Electives (4). Allow for late flexibility, as well as an opportunity for new or reinforced experience, at a time where fellowship or practice planning is key.
- Ambulatory Clinics (4). More opportunity to consolidate skills and practice independence, including colposcopy.

**What is CBME?**

As of 2017 Queen's has transitioned to a competency based medical education. Evaluations are based on Entrustable Professional Activities, or 'EPAs'. These are activities that will ultimately be entrusted to you to carry out during your residency program. These help to provide individualized learning, increased flexibility, and provide meaningful feedback.

**What is your residency program's orientation and focus?**

Focus is on training competent generalists with ample exposure to subspecialties (~50% of our residents go onto fellowships).

***What is the availability of experiences in subspecialty areas during training?***

REI, MFM, Urogynaecology, Gynaecologic Oncology, Pediatric & Adolescent Gynaecology. There is only one fellow (contraception), so there is no competition for cases.

***What is the typical day in the life of a resident?***

**Obstetrics** – The day begins with rounds on all OB inpatients. Handover on L&D then takes place at 7:15 AM. Morning consists of 1-2 booked elective C-sections with the junior & senior operating together with one assisting the other. Throughout the day you are expected to manage L&D including triage assessments, high risk patients, labouring patients, and consultations from family physicians and midwives. You also get a good introduction to ultrasound and will learn how to do estimated fetal weights and biophysical profiles.

**Gynaecology** – The day begins with handover from the on-call resident followed by rounds on all gyne inpatients. ORs typically run 2-3 days per week with 1-2 rooms per day. When you aren't in the OR you will be in general gyne clinics. The junior resident also covers the emergency consult pager for outpatient consults. The senior resident provides inpatient consult services.

***What is the resident satisfaction?***

Our residents tend to be very happy with their choice of program and satisfied with their residency overall.

***Are there sufficient elective opportunities during training to explore your special interests? Yes!***

***What is the on-call schedule during each year of residency?***

For the past several years our program has used a night float (“mole week”) and our residents are very happy with this system. Residents are relieved of their rotation duties for 1 week in order to do call Monday-Thursday (5 PM – 7:15 AM). That resident will have no pre-call or post-call clinical duties. Residents do a “mole week” once every 4-6 weeks when R1-R3 and 3-4 times a year when R4-R5. Weekends are split into shifts, from about 8 AM to 6 PM and 6 PM to 8 AM. Senior residents act as second call throughout the month and so do less in-hospital call (to give them time for studying).

***What distinguishes the Queen's program from other programs?***

Cohesive and supportive program with an excellent reputation and track record. We have one main hospital site, ample elective opportunity, excellent research training/opportunities, only one fellow, and early surgical exposure. Our call model facilitates a good work-life balance with shorter shifts and less time in the hospital.

***What distinguishes your city from others?***

City with 125,000 people about 2 hours from Montreal, Ottawa and Toronto. If you love delicious food, outdoor activities (including biking, running, golfing and camping), and a welcoming group of residents from all specialties, Kingston is an amazing place to live.

***Who can we contact for more information or to set up electives?***

See website – Julie Wimmer is the educational secretary for the department.

***Specifically, is there a list of residents whom we can call or email?***

You can contact any of the residents – all the names and emails are on the website.

***Is there active and/or required research in your residency program?***

Yes – the APOG Guidelines for Resident Research are followed. Residents are expected to complete a research project and quality assurance project during their residency.

***What local, national or international conferences would be of benefit to candidates interested in your residency program?***

SOGC Annual Clinical Meeting, Queen's Memorial Day Program (annually in October).

***Where can we look for more information?***

Website - <http://obgyn.queensu.ca/>