FAQ

1. What are you looking for specifically in an impressive candidate?

- Motivation
- A great sense of teamwork
- Competitive academic file
- Sense of involvement in the field and towards patients

2. What can a potential candidate do now in order to be an appealing applicant to your program?

- Applying themselves during their rotations in order to get the fullest of training (they are encouraged to do electives not only in ob/gyn).

  Get involved in projects which show their capacity to work in a team and involvement (research, community involvement, personal initiatives/student life, etc.)

  Prepare themselves to convince the selection committee that they are ready to get involved for the next 40 years in the provision of quality care in OB/GYN and to contribute to the expansion of the specialty.

3. How is your residency program organized?

- **PGY-1 Rotations**

  **Surgery core rotations**
  - Principle of surgery (POS) bootcamp - 4 wks
  - Emergency Medicine - 4 wks at St-Jérôme Hospital (peripheral setting)
  - General surgery - 8 wks at St-Jérôme Hospital
  - Intensive care unit - 4 wks at Maisonneuve-Rosemont Hospital (HMR)

  **Specific to OBGYN**
  - Initiation to OBGYN - 20 wks at CHU Sainte-Justine, CHUM
  - Initiation to Ultrasound in obstetrics – 4 wks at CHUM
  - Obstetrical Internal Medicine - 8 wks at CHU Sainte-Justine
**PGY-2 Rotations**
Initiation to gynecological surgery and pre/postoperative care - 8 wks at CHUM
Core Gynecology I - 4 wks at CHU Sainte-Justine, 8 wks at HMR
Core Obstetrics with High Risk Pregnancy care - 12 wks at CHU Sainte-Justine, 4 wks at CHUM
Ambulatory care - 4 wks at CHUM
Family planning - 4 wks at CHU Sainte-Justine
Obstetrics / Night shift - 4 wks at CHU Sainte-Justine and 4 wks at CHUM

**PGY-3 Rotations**
Core Gynecology II - 24 wks split between the CHUM and HMR
Obstetrics / Night shift - 4 wks at CHU Sainte-Justine and 4 wks at CHUM
Ultrasound - 12 wks at CHU Sainte-Justine (8 MFM department, 4 radiology department)
Elective rotations - 4 wks
Colposcopy – CHUM – 4 wks

**PGY-4 Rotations**
Obstetrics / Night shift - 4 wks at CHU Sainte-Justine or CHUM
Fertility - 12 wks at CHUM
Oncology - 12 wks at CHUM
Elective rotations – 4 wks (depending on other rotations)
Perinatology (MFM) - 12 wks at CHU Sainte-Justine
Community Gynecology Rotation (large center with daily OR) - 12 wks at Chicoutimi or Trois-Rivières (done as a R4 or R5)
Urogynecology - 8 weeks - CHUM

**PGY-5 Rotations**
Obstetrics / Night shift - 4 wks at CHU Sainte-Justine or CHUM
Chief resident - 32 wks at CHU Sainte-Justine, CHUM and HMR
Elective rotations – 4 wks (depending on the other rotations)
Royal College Study Time (Erudition)- 4 wks
Community Gynecology Rotation (large center with daily OR) - (done as a R4 or R5)

4. **What is your residency program’s orientation and focus?**
   
   Our program is organized in such a way that all the objectives set by CanMEDS can be met by residents and a solid training can be provided to both candidates who wish to do a general practice and to those who wish to pursue a subspecialty.

5. **What is the availability of experiences in subspecialty areas during training?**
   
   Most of the subspecialty rotations are done in PGY-4. Several specialty clinics are accessible (cardiology and infectious diseases during pregnancy).
6. What is the typical day in the life of a resident?

- Rounds at 6:30 or 7:00 am on the patients hospitalised in his specialty.
- Sign-out at 7:00 am in the delivery room.
- Operating room or ambularoty clinics begin at 8:30 am.
- Transfer to the on-call team at around 6 p.m.
- Half-academic day by staff and residents on Friday afternoon (1-4 p.m.)

7. Are there sufficient elective opportunities during training to explore your special interests?

- We have 4 weeks of elective rotations each year in PGY-3, PGY-4 and PGY-5.

8. What is the on-call schedule during each year of residency?

- Two months of night float per year as a junior resident (R1-3) and one month as a senior resident (R4-R5). Monday night to Thursday night (finishing Friday morning).

  - Weekends split into 15h night shifts (Friday, Sunday and Saturday from 17h-8h), and 8h day shift (Sunday and Saturday 8-17h). Post-call days are rigorously respected.

  - Usually, we cover one night and one weekend (Day shift) per month.

9. What distinguishes your program from the other programs?

- Provided in French and allows residents to be greatly exposed to a diversity of common and rare pathologies. Research and teaching are at the forefront of our program.

10. What distinguishes your city from others?

- Montreal is the second largest city in Canada. The city is very cosmopolitan, bilingual, even multilingual, and offers a diversity of cultural, sport and social activities.

11. How competitive is it to get in, and then to succeed in your field?

- It is a very popular specialty. The number of applications (50-60) is higher than the number of available spots (4). Once a candidate is admitted to the program, everything is done to make sure that he/she succeeds well.
12. Is there active and/or required research in your residency program?

The validation of research training is based on:
- the participation to the Initiation to Research course (8 three-hour workshops, each being organized on a two-year cycle and being integrated to the Friday half-day academic program);
- the development of a research project

For a list of the department researchers and their research interests, see http://www.deptobsgyn.umontreal.ca/recherche/chercheurs.htm

13. What local, national or international conferences would benefit candidates interested in your residency program?

The AOGQ and SOGC annual meetings offer opportunities to get acquainted with hot topics in obstetrics-gynecology in Quebec and in Canada, while networking with physicians and residents.

14. Where can we look for more information?

www.deptobsgyn.umontreal.ca

CONTACT INFORMATION

http://www.deptobsgyn.umontreal.ca/

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sandra Charland</td>
<td>Teaching Office</td>
<td><a href="mailto:sandra.charland.chum@ssss.gouv.qc.ca">sandra.charland.chum@ssss.gouv.qc.ca</a></td>
</tr>
<tr>
<td></td>
<td>Program director’s secretary</td>
<td></td>
</tr>
<tr>
<td>Carol-Anne Vallée</td>
<td>Junior representative</td>
<td><a href="mailto:carol-anne.vallee@umontreal.ca">carol-anne.vallee@umontreal.ca</a></td>
</tr>
<tr>
<td>Simon Benoit Dubé</td>
<td>Senior representative</td>
<td><a href="mailto:simon.benoitdube@mail.mcgill.ca">simon.benoitdube@mail.mcgill.ca</a></td>
</tr>
</tbody>
</table>